

Curriculum Selection and Preparation

Previous Curricula:

Selection of training content is a collaboration between the faculty of UNAN and the participating volunteer's respective areas of expertise. UCD faculty provided a list of UCD faculty areas of expertise and training and asked UNAN faculty to prioritize the teaching material based on their needs.

Of particular interest to note is that the physical therapists in Nicaragua work primarily at the level of physical therapy assistants. They are often given prescriptions for physical therapy from the physiatrists with detailed orders relating to which modalities, exercises and interventions to use. As a result, little in the way of evaluation, assessment, outcome measures, plans of care, and goal setting is done.

The following table lists previous training courses conducted with the faculty at UNAN:

Year	Training Focus	Instructor (Translator)	Affiliated University
2003	Recent Advances in Motor Control (Feb 22-Mar 1)	Gloria Miller (Jennifer Stevens)	University of Florida
2003	Properties of Muscle, Tendon, Bone and Implications for Exercise Rx (Mar 2-9)	Jennifer Stevens/Suzy Dougherty	Southwestern Texas University
2004	Joint Mobilization Techniques/Gait Training Principles (Feb 21-28)	Jennifer Stevens/Suzy Dougherty	Southwestern Texas University
2004	Proprioceptive Neuromuscular Facilitation (Feb 29-Mar 7)	Gloria Miller (Jennifer Stevens)	University of Florida
2004	Physiology of Aging (July)		
2004	Cardiovascular Disease Prevention and Cardiac Rehabilitation (Feb)		
2005	Early Intervention/Pediatrics; Sensory integration; Children with Neuromuscular Disorders (Jan)		
2005	Pulmonary Physical Therapy (Feb)	Diane V. Jewell	
2005	Rehabilitation for Subacromial Impingement Syndrome (Feb 26-Mar 7)	Terri Chmielewski/ Claudia Senesac (Jennifer Stevens)	University of Florida
2006	Treatment Classification System for Low Back Pain (Feb 18-26)	Mark Bishop (Jennifer Stevens)	University of Florida
2006	Hand PT and Splinting (Feb)		
2006	Exercise Rx for Geriatric Patients with Neurological Disease (Feb)		
2007			
2008	Spinal Cord Injury: Evaluation and Treatment (Jan 14-18)	Betty Krapfl	UCD
2008	Management of Diabetes (Mar)	Eugene Fuego	University of Florida
2009	Sahrmann's Clinical Examination Skills (Jan 10-18)	Denise Stelzner/Betti	
2009	Effective Teaching Methods (Feb)	Gloria Miller (T. Chmielewski)	Univ. of Florida